



Eastern Highlands Health District

4 South Eagleville Road • Mansfield CT 06268 • Tel: (860) 429-3325 • Fax: (860) 429-3321 • Web: www.EHHD.org

FOR IMMEDIATE RELEASE

Eastern Highlands Health District (EHHD)

April 6, 2026

EHHD Celebrates National Public Health Week 2026

The Eastern Highlands Health District (EHHD) is proud to join communities across the nation in celebrating **National Public Health Week (NPHW), April 6–12, 2026**. Organized annually by the American Public Health Association, this week highlights the critical role public health plays in protecting and improving the health of all people.

National Public Health Week has been observed for more than 30 years and takes place during the first full week of April. It is an opportunity to recognize how public health efforts have improved daily life: helping to prevent disease, extend life expectancy, and create healthier environments where people live, work, and play. This year's theme, "**Ready. Set. Action!**", is a call to reflect on public health achievements while taking meaningful steps toward a healthier future.

Public Health is All Around Us

Public health impacts every aspect of our lives, from clean drinking water and safe food systems to vaccination programs, emergency preparedness, and chronic disease prevention. This week serves as a reminder that **good health doesn't just happen, it is built through: strong systems, partnerships, and community engagement.**

EHHD works year-round to protect and promote the health of residents across our communities through programs such as:

- Disease prevention and control, including providing vaccines
- Health education and outreach, [including EHHD's blood pressure education series](#)
- Environmental health and safety inspections
- Emergency preparedness and response

For more information about National Public Health Week and ways to get involved, visit:

- [Learn more about National Public Health Week](#)
- [Public Health Association NPHW 2026](#)

Preventing Illness & Promoting Wellness for Communities In Eastern Connecticut
Andover • Ashford • Bolton • Chaplin • Columbia • Coventry • Mansfield • Scotland • Tolland • Willington



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About EHHD

The Eastern Highlands Health District is committed to improving the health and well-being of the communities we serve through prevention, education, and collaboration. **Together, we can build stronger, healthier communities—this week and every week.**