



Celebrate National Public Health Week – April 7-11, 2025! It the 30th anniversary of the National Public Health Week!

Public health is all around us, working behind the scenes to keep our communities safe, healthy, and thriving. From ensuring clean drinking water to promoting disease prevention, **Eastern Highlands Health District (EHHD)** is dedicated to protecting and improving the well-being of our residents every day.

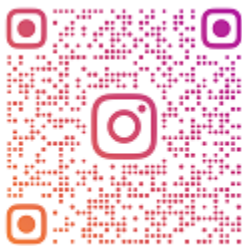
Did you know the EHHD:

- ✓ **Prevents Disease** – We coordinate vaccination clinics, monitor infectious diseases, safe well and septic inspection, bathing water testing, salon inspection, and food service inspection and provide health education to keep our communities safe.
- ✓ **Supports Healthy Lifestyles** – From nutrition and wellness programs to tobacco cessation resources, BP screenings and education, we help residents make informed choices for better health.
- ✓ **Protects Environmental Health** – We inspect food establishments, monitor water quality, cosmetology inspections and ensure safe housing conditions.
- ✓ **Promotes Emergency Preparedness** – We plan for public health emergencies, train volunteers, and provide guidance during crises.
- ✓ **Advocates for Community Health** – We work with local organizations to address mental health, substance use prevention, and chronic disease management.



This **Public Health Week**, take a moment to appreciate the vital role public health plays in your daily life. **Your health is our priority!**

For more information, visit WWW.EHHD.ORG or follow us on social media.
#PublicHealthWeek #EHHD #HealthyCommunities



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