



Hartford HealthCare Community Health

Snack & Learn for Heart Health

Tuesday, May 10, 2022

11am-12:30pm

No registration needed

**Access Senior Housing at Willington Woods
Community Room
25 Senior Way Willington**

A Community Health Nurse and Registered Dietician will be offering information on Heart Healthy snacking, providing a healthy snack to share, along with FREE blood pressure screening.

Please arrive on time so all can watch the demonstration together.

For more information, contact:

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or

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