



Hartford HealthCare Community Health

Snack & Learn for Heart Health

Tuesday, April 26, 2022

10:30am-12:30pm

No registration needed

*Access Senior Housing at Parker Place,
Community Room
100 Old Post Road Tolland CT, 06084*

A Community Health Nurse and Registered Dietician will be offering information on Heart Healthy snacking, providing a healthy snack to share, along with **FREE** blood pressure screening.

Please arrive on time so all can watch the demonstration together.

For more information, contact:

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or

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