



EASTERN HIGHLANDS Medical Reserve Corps

Eastern Highlands Health District

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MRC TRAINING SITES

- 1. MRC TRAIN:** This site provides a wide variety of MRC specific, online courses and resources. Go to: <https://www.mrc.train.org/> and click on CREATE AN ACCOUNT. Read the TRAIN policies, check the I Agree box and click next. Fill in all of the required fields to register. Click on MRC-TRAIN 101 for Volunteers to view an Introduction to MRC TRAIN. Click on Expand to see upcoming trainings. Click on RESOURCES to get a full list of trainings available.
- 2. FEMA INDEPENDENT STUDY:** The FEMA Training Website provides more than 175 online courses and resources. Go to: <http://www.training.fema.gov/is/> Click on and print the Independent Study Fact Sheet for additional information. Click on the ISP Course List (Beside the picture) for a full listing of course choices-fee free to take any of the courses listed. IS-100b is required for all MRC volunteers.
- 3. READY.GOV:** The Ready.Gov website can assist you in preparing the required MRC Family Plan for disaster mitigation. Before you are able to respond to an emergency, you must be confident that your family is prepared and safe. The website will assist you in How to Stay Informed, How to Make a Plan and How to Build at Kit. Go to <http://www.ready.gov/> and get instructions and advice about making a plan, building a kit and staying informed.
- 4. CT TRAIN:** This site is a localized version of the larger TRAIN site. It focuses on Connecticut training courses, events and resources. Register for this site in the same manner that you did for MRC TRAIN. Click <https://ct.train.org/> to register.

Please send copies of any Certificates to:

John H. Degnan, Director
Eastern Highlands Medical Reserve Corps