

## CHANGE Tool Framework

SCORING OPTIONS FOR EACH STATEMENT						
<b>POLICY</b>	Not identified as a problem that needs to be addressed	Problem identified/gaining agenda status or policy drafted (in process)	Policy formulation & adoption	Policy implementation but not reviewed yet	Policy evaluation & adjustment Or modifications	I am not aware of the policy Status regarding this issue
<b>ENVIRONMENT</b>	Elements not in place that allow for this practice	Few elements in place &/or well developed; some elements are there, but not in a truly useful way	Some elements in place &/or well developed, but can be enhanced with additional elements	Most elements in place &/or well developed, but there is room for improvements	All elements in place and well developed	I am not aware of the built environment regarding this issue

PHYSICAL ACTIVITY /ACTIVE LIVING
1. Require sidewalks to be built for all developments (e.g., housing, schools, commercial)?
2. Adopt a land use plan?
3. Require <u>bike facilities</u> (e.g., bike boulevards, <u>bike lanes</u> , bike ways, multi-use paths) to be built for all developments (e.g., housing, schools, commercial)?
4. Adopt a <u>complete streets</u> plan to support walking and biking infrastructure?
5. Maintain a network of walking routes (e.g., institute a sidewalk program to fill gaps in the sidewalk)?
6. Maintain a network of biking routes (e.g., institute a bike lane program to repave bike lanes when necessary)?
7. Maintain a network of parks (e.g., establish a program to repair and upgrade existing parks and playgrounds)?
8. Provide access to parks, <u>shared-use paths and trails</u> , or open spaces within <u>reasonable walking distance</u> of most homes?
9. Institute <u>mixed land use</u> ?
10. Require sidewalks to comply with the <u>Americans with Disabilities Act (ADA)</u> (i.e., all routes accessible for people with disabilities)?
11. Provide access to <u>public recreation facilities</u> (e.g., parks, play areas, community and wellness centers) for people of all abilities?
12. Enhance access to public transportation (e.g., bus stops, van pool services) within <u>reasonable walking distance</u> ?
13. Provide <u>street traffic calming measures</u> (e.g., road narrowing, central islands, roundabouts, speed bumps) to make areas (e.g., neighborhoods, major intersections) where people are or could be physically active (e.g., walk, bike) safer?
14. Adopt <u>strategies</u> (e.g., neighborhood crime watch, lights) to enhance personal safety in areas (e.g., playgrounds, parks, <u>bike lanes</u> , walking paths, neighborhoods) where people are or could be physically active (e.g., walk, bike)?

HEALTHY EATING/NUTRITION
1. Adopt <u>strategies</u> to encourage food retailers (e.g., grocery, corner or convenience stores; bodegas) to provide <u>healthy food and beverage options</u> (e.g., fresh produce) in <u>underserved areas</u> ?
2. Encourage <u>community gardens</u> ?
3. Enhance access to public transportation (e.g., bus stops, van pool services) to <u>supermarkets and large grocery stores</u> ?
4. Provide <u>access to farmers' markets</u> ?
5. Accept <u>Women, Infants and Children (WIC)</u> Farmers' Market Nutrition Program vouchers or Food Stamp Benefits at local farmers' markets?
6. Connect locally grown foods to local restaurants and food venues?
7. Promote (e.g., signage, product placement, <u>pricing strategies</u> ) the purchase of fruits and vegetables at local restaurants and food venues?
8. Institute <u>healthy food and beverage options</u> at local restaurants and food venues?
9. Provide <u>comfortable, private spaces</u> for women to nurse or pump in public places (e.g., government buildings, restaurants, retail establishments) to support and encourage residents' ability to breastfeed?
10. <u>Protect a woman's right to breastfeed</u> in public places?
11. Allows for the raising of chickens/hens in the backyard that the majority of the residents could partake in if desired?
12. Allows for farms of all sizes to have roadside stands to sell produce/product?