

EHHD/Tolland County  
Community Transformation Meeting  
**Agenda**

**June 25, 2013**

Coventry Town Hall Annex  
1712 Main St. | Coventry, CT 06238

8:30am – 10:00am

- I. Networking and light breakfast served (8:15 – 8:30)
- II. Welcome & Introductions (8:30am)
- III. General Updates
  - Tobacco Multi-County meeting
  - Funding sources
  - 9-5-2-1-0 Expansion: Fit by 4<sup>th</sup>
- IV. Member Policy, Systems, and Environment updates
- V. Map of Play: Overview of project by Wendy Rubin
- VI. Discussion of Activities/Action Steps for the coming month:
  - Tobacco Initiatives
  - Active Living Initiatives
  - Healthy Eating Initiatives
  - Clinical Prevention Services
- VII. Adjourn (10:00 am)



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**TENTIVE // Next meeting: July 23, 2013**

**8:30 – 10:00am**

**Name:** EHHD /Tolland County Community Health Action Response Team (CHART)

**Vision:** Building Healthy Communities

**Mission:** Build a healthy community through policy, systems, and environmental change & health promotion programming; making the healthy choice the easy choice.

**Physical Activity and Nutrition Multi-County CDC Proposed Objective**

<b>Objective</b>	<b>By September 29, 2016, increase by 3 the number of child care facilities serving low-income children and families in Tolland County that implement CT Child Care Nutrition Standards and Allowable Beverages.</b>		
Strategy	Improve county-wide nutrition policies and practices in early child care settings		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Interview federal or state funded child care providers in Tolland County that participate in the Child and Adult Care Food Program to assess policy implementation successes, challenges and lessons learned			
<b>Tolland County Objectives</b>			
<b>Objective</b>	<b>Increase physical activity at school through Write Steps</b>		
Strategy	Replicate the Write Steps Program in Tolland County schools by sharing what works (from Plainfield)		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Engage the participation of local partners; Collect information from Plainfield on details of their program / lessons learned			
Identify target school/s; provide with packet and resources			
<b>Objective</b>	<b>Increase opportunities for physical activity in the community</b>		
Strategy	Encourage and facilitate "Map of Play" in 2 communities		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
<b>Objective</b>	<b>Improve the vending machine choices through on-site policy and environmental changes.</b>		
Strategy	Work with agencies and organizations on a site-by-site basis to evaluate current offerings in vending machines and provide technical assistance for improvement		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
	EHHD		
<b>Objective</b>	<b>Increase by 1 the number of schools in Tolland County towns that meet 100% of the criteria for "Better Choice Recommendations" as set forth by the CT Nutrition Standards list of acceptable foods and beverages.</b>		
Strategy	Work with school food service departments to evaluate current menu offerings and provide assistance in meeting 100% better choice recommendations.		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Set meeting with school food service director/s to discuss Better Choice Recommendations	EHHD		

**Tobacco Multi-County CDC Proposed Objective**

<b>Objective</b>	<b>By September 29, 2016, increase the number of policies that create tobacco-free public places in Tolland County by 2.</b>		
Strategy	Support tobacco-free living (prevent and reduce tobacco use) by increasing the number of policies where tobacco use is prohibited.		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Engage partnership to promote tobacco-free public places, and create a presentation on the burden of tobacco use in the county and hazards of exposure to environmental tobacco smoke.			

**Tolland County Objective**

<b>Objective</b>	<b>Increase smoke-free multi-unit housing in Tolland County (public and private) by 1.</b>		
Strategy	Using guidance from the American Lung Association and precedence from leasing companies already implementing the policy provide a unified voice from the Tolland County CHART to support the change.		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Engage the participation of local partners; create packet for leasing companies			
Identify target housing complexes; provide with packet and resources			

**Clinical Prevention Services Multi-County CDC Proposed Objective**

<b>Objective</b>	<b>Increase the number of clinical sites participating in the Self-Blood Pressure Monitoring Program entitled "Engaging Patients and Providers in Partnership to Prevent Heart Disease –4P Program" to improve outcomes for hypertensive patients in Tolland County.</b>		
Strategy	Translate known interventions into usual clinical care to increase control of high blood pressure.		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Engage the participation of local clinical partner			
Meet with Middlesex County / review toolkit for clinical sites that will include 4P protocol, sample policy, playbook, passport, patient educational materials, written resources for nurse care coordinator training, patient ID, self-management training			

**Tolland County Objective**

<b>Objective</b>	<b>Expand Bolton School Be Healthy Program</b>		
Strategy	Replicate the Be Healthy Program in other Tolland County schools by sharing what works (from Bolton)		
<b>Activity</b>	<b>Lead</b>	<b>Partner</b>	<b>Timeline</b>
Engage the participation of local partners; Collect information from Bolton on details of their program / lessons learned			
Identify target school/s; provide with packet and resources			