

May 22, 2012

8:30-10:00 am

CT Achieve Meeting

Tolland Recreation Center

Attendees: Tom Ainsworth, Sandie Benjamin, Ande Bloom, Charlie Chatterton, Sandra Frizell, Vicki Fry, Chris Grulke, Troy Hopkins, Ann Puglisi, Alan Slobodien, Heather Freeman, Kathleen Krider, Liza Makuch, Rob Miller, Wendy Rubin, Diane Lasherpeni, Erin Gruziani, Bonnie Smith

Meeting Notes

Agenda Updates **Presenter:** Rob Miller

Discussion:

-The Health Education position has been posted for EHHD. Application can be found online at: <http://www.ehhd.org/content/99/121/default.aspx>

Agenda Member Updates **Presenter:**

Wendy Rubin:

-Coventry won a Playful Cities 2012 designation. 1 of 250 cities in the US and only 1 of 2 in CT.

-Coventry is currently fundraising to build a park/playground.

-June 27th is recess at work day. Go to Coventryrec.com for details

Kathleen Krider:

-Mansfield Advocates for Children is designing a play7scape. Currently working on finding a location. Planning to break ground next year.

Sandra Frizell (Scotland):

-Scotland Garden club is going well. They are planning potatoes to use in the cafeteria in the fall. Also planting watermelon beans and sunflowers.

-working to change food service guidelines for the schools. Planning "veggie of the week" program

-Working on new play scapes in the lower schools

-High school is building a new building with fitness center. May offer some access to the community during off-peak hours

Sandra Frizell (Hampton):

-Hampton playscape committee has begun

Troy Hopkins:

-FAST: Food Advocate Student Team is applying for a dairy council grant for Coventry schools.

-A running club has been implemented for grades 3-5

Chris Grulke:

-Tolland met with school food services trying to implement a breakfast for the middle school.

Ande Bloom: reminded every one that there are state dollars available for every school system to implement breakfast programs.

Sandie Benjamin:

- Tolland youth garden now has a fence. Now working on a shed.
- The Visions Club (a community service group) is planting a “three sisters garden”
- Groups are able to adopt garden beds in the youth garden.
- receiving support from the Connecticut Master Gardeners
- Trying to get some families from Rockville to participate to learn about gardening and fresh foods.
- A summer gardening camp will be held this summer.

Bonnie Smith:

Local Prevention Councils are working on a media campaign around alcohol and drug issues. The concept is “parent first”. The goal is to encourage parents to be a parent first, rather than a friend, and to set rules regarding drugs, alcohol and tobacco.

Agenda Branding Presentation

Presenter: Liza Makuch

Discussion:

Liza gave a brief presentation about naming the group, as well as developing a vision and mission. There was a group brainstorming session and feedback was collected regarding important words/phrases for these three elements.

Important words/phrases:

- Promotion
- Transformation
- Building
- Wellness
- Health for all
- Regional
- Communities
- Action
- Team
- Coalition
- Partnership

Action items

Person responsible

Deadline

- ✓ Summary of name, vision and mission statements will be created and sent to membership for voting
- ✓ Membership will vote for their favorite names, visions and

Liza Makuch

June 11th

All

TBD

Agenda item: Update on Data Collection for CTG grant

Presenter: Heather Freeman and Rob Miller

Discussion:

-Currently looking at data for health disparities in Tolland county. At our next meeting, each of us will be asked to contribute data that may inform the CTG needs assessment.

-Working on collecting the names/contacts of other coalitions, organizations, partnerships in Tolland County that are working with a similar mission to the CTG.

Special notes:

Next meeting July 24th in Coventry.

There will be a statewide data conference. Go to CTdata.org for information