

ACHIEVE CHART Meeting  
**Minutes**  
February 28, 2012  
Coventry Town Hall Annex Building  
1712 Main Street  
Coventry, CT 06238

Attending: Ande Bloom, Sandra Frizzell, Sandy Fry, Chris Grulke, Kevin Grunwald, Kathleen Krider, Laurel Liebowitz, Sally Milius, Rob Miller, Wendy Rubin, Tracy Verrastro, Troy Hopkins, Nick Lownes, Liza Makuch

The meeting opened at 8:30am with A. Bloom welcoming everyone and providing an update on the Town of Mansfield completing the CHANGE tool as a worksite and having identified several policy changes that can be taken to improve the health of staff.

Additional updates from CHART members included:

S. Milius: UConn has invited the town to participate in the "Climate Impact, Mitigation and Adaptation" forum that is part of their Earth Day celebration. They have asked me to give a short presentation about the importance of regional school and community gardens in promoting sustainable communities. At the Mansfield Middle School, the town and school are collaborating on an after school project called "the great food journey" that teaches students about the importance of local food and will lead up to them working in the garden; garden becoming a year-round initiative.

W. Rubin: Still working on our Playful Cities 2012 designation and a \$20K construction grant for a playscape at Laidlaw Park; 75% complete with trail mapping project – included QR Codes with link to website – Mill Brook Greenway, Patriots Park Forest Trail completed. Riverview and Creaser in the works. Wendy has been asked to represent CRPA on the newly formed CT Coalition Against Childhood Obesity – but she identified another representative to take the lead. Coventry Town Employee Wellness Committee met to finalize their assessment tool results and have come up with several ideas to make priorities. Coventry Recreation is planning to host a Great American Camp Out at Creaser Park (originally scheduled for June 23) looking for a date with less conflicts (HS Graduation, 300th Time Travel event)

K. Grunwald: The town is working with the Mansfield Advocates for Children to create a community designed playground for children in the community.

S. Frizzell: Brought the CHANGE tool best practice document to the Chaplin & Scotland schools; being reviewed by these groups as employers; potentially groups to complete the CHANGE tool with.

R. Miller: The Community Transformation Grant (prevention component of the Affordable Health Care Act) is providing funding to the EHHD as the lead agency for Tolland County; will be hiring staff primarily for local data collection and management. The Role of the CHART in the CTG process is to help change the public will so that changes for healthier communities can be made in the coming years.

T. Verastro: Bolton will be participating in the National Day in the Park in April with an egg hunt.

S. Fry: Capitol Region COG and Bike/Walk CT are working on a 'Teach the Teacher" workshop on April 28 to help schools address safe biking for children. They are also working on promotion and efforts to gain greater participation in the Bike to Work event on May 18<sup>th</sup>. They are looking for partners across the state if anyone is interested in working with them.

T. Hopkins: The PTO is focusing on fitness and will be providing a new bike rack for the school as well as new soccer nets for recess. The mileage club is trying to increase the interest among the 4<sup>th</sup> & 5<sup>th</sup> graders (suggestions from CHART members included bringing in 'graduates' for testimonials, and encouraging participation in mini-marathon or triathlon)

N. Lownes: The CTLS is engaged in a study on transportation design and the correlation with chronic disease; on March 9<sup>th</sup> the CT Mainstreets will hold a training in Hartford on complete streets; his department is setting up a state-wide transportation data center to provide a centralized portal for town/state transportation data; April 10<sup>th</sup> is a symposium on campus for transportation students – one presentation will focus on the bike share program on campus and will incorporate a bike tour of campus.

K. Krider: Playground committee of MAC is partnering with the Community Center and the Town Planner to optimize playground plans; MAC is revising the community plan and aligning it with many areas of ACHIEVE (PSE change to improve health).

C. Grulke: Venture Crew (scouting) has an Eagle Scout Project starting up that will focus on trail clean-up.

The group split into two groups to discuss the refinement of the 2012 Action Plan, beginning with objectives 1 and 5. Revisions/additions to these objectives are included in the updated Action Plan. Other objectives for 2012 were not reviewed at this meeting, and will be assigned via email.

A. Bloom asked the group about reconciling ACHIEVE data needs with CHART member resources. The following suggestions were provided:

- MAC has current data; check with K. Krider or K. Grunwald
- CT Voices for Children (well-child data)
- American Community Survey (town level data; richer than census)
- Strategic School Profile (State Department of Education)
- County Health Ranking
- Tolland School Data (check with C. Grulke)

Meeting adjourned at 10:00am

**Next Meeting: Tuesday, March 27, 2012 Mansfield Community Center**