## ACHIEVE CHART Meeting

## Minutes

January 24, 2012 Tolland Recreation Offices (Old Parker School) 8:30am - 10:00am

Attending: Tom Ainsworth, Sandie Benjamin, Ande Bloom, Kate Durant, Sandra Frizzell, Vicky Fry, Teri Gareau, Chris Grulke, Kevin Grunwald, Kathleen Krider, Laurel Liebowitz, Elizabeth McCosh-Lilie, sally Milius, Rob Miller, Linda Painter, Ann Plumley, Stuart Popper, Wendy Rubin, Tracy Verrastro, Mary Withey

The meeting opened at 8:30 with a welcoming and introductions by A. Bloom.

Member updates on Policy and environmental change included:

- K. Krider: MAC is working in Mansfield to create a boundless playground; the MAC plan (for early childhood initiatives) is under revision and will include a needs assessment and address PSE changes.
- M. Withey: A needs assessment was conducted for Windham County through the Windham hospital and key partners (including the VNA East), and will be disseminated to local health care professionals in the near future, and with other stakeholders after that.
- L. Painter: Mansfield was awarded a HUD grant in November, and implementation will include health aspects to improve health outcomes. Currently reviewing all zoning regulations to look at transitoriented design. Storrs Center development includes outdoor spaces and urban trails to enable active living.
- R. Miller: Updates on Community Transformation Grant; will include a community health assessment for all of Tolland County over the next year; the EHHD BOD is working on a nutrition at schools initiative and has begun surveying school superintendents about current status of food service.
- W. Rubin: Awaiting announcement regarding SRTS grant for sidewalk construction; Coventry received grant to fund sidewalk in the 'downtown' area; working on GPS project to create trail maps for the Mill River area.

The meeting was then moved into an orientation of ACHIEVE for new members of the leadership team (CHART). A. Bloom provided a brief history of the EHHD ACHIEVE Initiative including progress to date, as well as a look at the current 2012 Action Plan and best practices for policy and environmental change as provided by the CDC.

Meeting adjourned at 10:00am. Next meeting planned for

February 28, 2012 Coventry Town Hall Annex 8:30 - 10:00am

**ACHIEVE Vision**: Tolland communities offer and encourage opportunities for all residents to have daily access to physical activity, healthy foods, and tobacco-free environments to support healthy behaviors.